

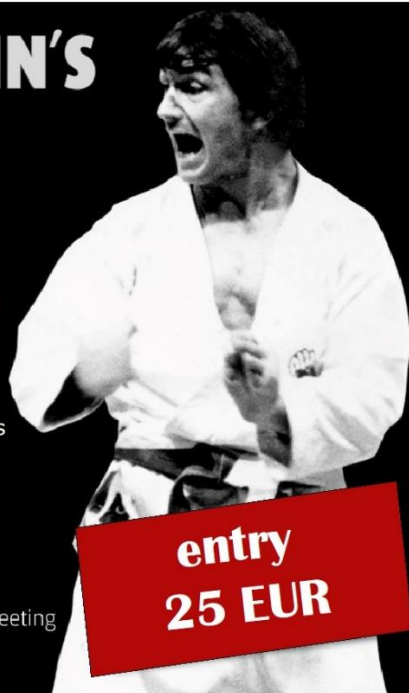
# RUDOLF FARMADIN'S MEMORY CUP TRAININGS & SPARRINGS

Sparring session will take place  
in ZŠ Tulipánová 1, Nitra  
on the 12th-13th December 2024 on 8 tatamis

## PROGRAM:

12.12. (Thursday) 16:00 - 19:00  
13.12. (Friday) 9:00-12:00 / 16:30-19:30

Program and time of trainings can change after coach meeting  
according of number of participants.



Thursday – 12.12 2024	Štvrtok – 13.12. 2024
<b>ZŠ Tulipánová 1, Nitra</b>	
<p><b>U8, U10, U12, U14</b> (5 – 13 years) 3:30PM–4:00PM - Registration &amp; weigh-in for competition 4:00PM–5:30PM – Training/sparrings</p>	<p><b>U8, U10, U12, U14</b> (5 – 13 rokov) 15:30–16:00 – Registrácia a váženie na súťaž 16:00–17:30 – Tréning/sparingy</p>
<p><b>CADETS, JUNIORS, SENIORS</b> (14 and more years) 5:00PM–5:30PM - Registration &amp; weigh-in for competition 5:30PM–7:00PM – Training/sparrings</p>	<p><b>KADETI, JUNIORI, SENIORI</b> (14 a viac rokov) 17:00–17:30 – Registrácia a váženie na súťaž 17:30–19:00 – Tréning/sparingy</p>
Friday – 12.12. 2024	Piatok – 13.12. 2024
<b>ZŠ Tulipánová 1, Nitra</b>	
<p><b>U8, U10, U12, U14</b> (5 – 13 years) 8:30AM–9:00AM - Registration &amp; weigh-in for competition 9:00AM–10:30AM – Training/sparrings 4:00AM–4:30AM - Registration &amp; weigh-in for competition 4:30PM–6:00PM – Training/sparrings</p>	<p><b>U8, U10, U12, U14</b> (5 – 13 rokov) 8:30–9:00 – Registrácia a váženie na súťaž 9:00–10:30 – Tréning/sparingy 16:00–16:30 – Registrácia a váženie na súťaž 16:30–18:00 – Tréning/sparingy</p>
<p><b>CADETS, JUNIORS, SENIORS</b> (14 and more years) 10:00AM–10:30AM – Registration &amp; weigh-in for competition 10:30AM–12:00AM – Training/sparrings 5:30PM–6:00PM – Registration &amp; weigh-in for competition 6:00PM–7:30PM – Training/sparrings</p>	<p><b>KADETI, JUNIORI, SENIORI</b> (14 a viac rokov) 10:00–10:30 – Registrácia a váženie na súťaž 10:30–12:00 – Tréning/sparingy 17:30–18:00 – Registrácia a váženie na súťaž 18:00–19:30 – Tréning/sparingy</p>