

# MILAN KARAFKA'S MEMORY CUP

sparring program

ENTRY  
10€

Sparring session will take place in **MORPHO SPHERE, Krajinská cesta 1027/11A , Šamorín, 93101**

**Saturday - 05.10.2024**

**Sobota - 05.10.2024**

*MORPHO SPHERE, Krajinská cesta 1027/11A , Šamorín*

*Sparring will take place under the leadership of coach **Daniel Kvasnica** (coach of Ninka Kvasnicova, multiple European champion in the junior categories and medalist of the junior world championships)*

**U8, U10, U12, U14**

(6-13 years)

8:30 - 9:00 - Registration and weight for competition

9:00 - 10:30 - Training /sparrings

14:00 - 15:30 - Training / sparrings

**Cadets, Juniors, Seniors**

(14+ years)

10:00-10:30 - Registration and weight for competition

10:45 - 12:15 - Training / sparrings

15:45 - 17:15 -Training / sparrings

**U8, U10, U12, U14**

(6-13 rokov)

8:30 - 9:00 - Registrácia a váženie pred súťažou

9:00 - 10:30 - Tréning / sparingy

14:00 - 15:30 - Tréning / sparingy

**Kadeti, Juniori, Seniori**

(14 a viac rokov)

10:00-10:30 - Registrácia a váženie pred súťažou

10:45 - 12:15 - Tréning / sparingy

15:45 - 17:15 -Tréning / sparingy